COURSE DINNER FOR 4 COST 60 CENTS.

Dr. Thomas and His Wife Serve an Elaborate Menu with Natural Food.

Here are the articles of

food and their cost, just as

Mrs. Thomas gave them to The Evening World. The

soup alone, she says, would

have constituted a complete

Macaron1 2

Flavoring

Celery and potato..... 2

Cheese 10

Bread-raw wheat 7

Butter 3

Dates

Nuts.....

Butter

"You probably imagine that you won't like it." said Dr. Thomas, "but we usually have to tell people not to

"How is that?" I asked, visions of uncooked food as a rather unpalatable diet causing me to mistrust the doctor's "How is that?" I asked, visions of

"Why, they est more than they need before they are through, and we are afraid it will make them ill if they

The prospect of a novel dinner was confronting me.

The hosts were Dr. Thomas, the natural food doctor, and his charming young wife. The guests were Mrs.

young wife. Friedlander, his patient, and myself. The doctor's wife got the dinner her She was gowned in a dainty dinner

toilet, and assured me that she had just come from the kitchen, where she had been cooking-no, preparing dinner.
"There is one thing about our dinner,

said the doctor, smiling, "and that is we can discuss freely the properties and values of the food before us without having our stomachs turned in the process. Can you say as much for your cooked dinners?

I shook my head sadly, Indeed, we

cannot.
I entered the dining-room with fear in my heart.
I expected to see a table strewn with few cabbages, potatoes and beets, if nothing worse. I expected to sit down and cumble over my food, and to pretend that I liked it, so as to spare the doctor's feelings, and then to go home to write a beautiful "roast" about him and his theory, despite the laws of hospitality.

and his theory, despite the however, pitality. Things went differently, however. The table was beautifully arranged, and to all outward appearances there was nothing extraordinary about the food in sight.

I had had an early luncheon and things certainly did look appetizing. I made up my mind to make the best of it and piece out a meal, somehow.

Mrs. Thomas's Menu. Here is the menu, arranged as the doc or's wife assured me it should be:

The doctor declare that both are more or less superfluous when one lives on a natural diet.

The nuts were served as the "meat" of the dinner, although the doctor assured me that any one article of uncooked food has nutritive qualities which rank it equal to meat.

cooked food has nutritive qualities which rank it equal to meat.

"Any one dish on our table." said the doctor. "Is sufficient for a meal in itself. This is simply a 'company' dinner, and to show you what our cooking is like. For ourselves the soup alone would suffice for a meal."

The salad was as nice as the soup.

She Looked Suspicious.

Mrs. Friedlander looked it over sus-piciously and then at the doctor, as though she expected a trick of some

sort.
"Come," I said, "surely you have been to this diet long enough to like it, haven't you?" os this diet long the long haven't you?"
"Oh, yes; but the doctor is always up

READ A LETTER;

Ida Rauer Is Supposed to Have Been Jilted.

Despondent, it is said, because she had been jilted by her lover, a young woman took her life in Hoboken to-day.

Inmates of the boarding-house of Ber heard grouns this morning in the room of Ida Rauer , who lived in the house with her brother. They found the woman lying on the bed in great agony. She had taken a dose of carbolic acid. At St. Mary's Hospital she died this

Owing to the prother's absence noth ing of a definite nature could be learned about the young woman, but Mr. Beyer said that about a week ago she had re-ceived a letter from a man in Germany who is said to have been her lover. Sev-eral of the boarders said that ever since the receipt of the letter Miss Rutter had been despondent.

been despondent.

It was their opinion that she had been jilted by her lover and had determined to end her life in consequence. The police are awaiting the return of the brother to get possession of the letter as it is expected to throw light on the death.

SAVED FOUR FROM WRECK.

Gale Drove Sloop Ashore Near Atlantte City.

the gale last night the sloop

Jaquette, of Keyport, N. J., went ashore at Spermacett Cove, near Atlantic City. Her mainsail was blown away.

After great difficulty the life-saving row at Spermacett Station succeeded in recoung Capt. D. B. Hale and his

"APPLE MARY'S"

Bequeaths \$12,000 to the Daughter of a Friend.

The original "Apple Mary's" will was filed to-day in the Surrogate's office, to-gether with a petition for its probate, which sets forth many curious details. The testator signs herself Mrs. Levi

P. Morton. Her maiden name, she says, was Miss Mary Klernan. queaths her fortune, said to be \$12,000 in cash in savings banks, to Celta Haffner, the daughter of a friend. Miss Haffner has since married and is now Mrs

The petition for probate states that "Apple Mary" had no known heirs at law, and that she disappeared in 1890 and has never been heard of since. Prior to that she lived with a Mrs. Dunn at 31 Willetts street. An affidavit made by Jacob J. Haffner,

SURPRISING RESULTS.

A Simple Internal Remedy Makes Remarkable Cures of Caterrh.

People who have used sprays, inhalers, found how useless and inconvenient they following the use of a pleasant internal remedy in tablet form; druggists everywhere admit that Stuart's Catarrh Tablets, which they sell at 50 cents for full-sized treatment, is the safest, most effective and popular of all catarrh remedies.

Nearly all cheap cough mixtures and something and I want to be ready him."

I am sure the salad is spiendid." I am sure the salad is spiendid." I or him."

"I am sure the salad is splendid."

"I am sure the salad is splendid."

The doctor smiled.

"You have eaten yours," he sald;
"may I not heip you to more?"

And I took more of the salad. All the time the doctor and his wife smiled.

But as they are it, too, I concluded that it must be all right.

After we had finished the doctor earned casually over the table and saked, "What would you say that salad contained?"

Stuart's Catarrh Tablets is the best remedy to remove catarrhal secretion, whether in the nose, throat or stomach, because they are composed of wholesame antiseptics like

Nontained?"
"Pickles!" said Mrs. Friedlander, "and Eucalyptol, Guniacol, Sanguinaria and Hymions."

Vegetable Soup.

Cheese. Nut Meats. Bread.

Mixed Salad.

Stuffed Dates.

Figs and Cream. Apples.

Coffee. Milk.

The soup was deliclous-contrary to all previous supposition. Everything in it was composed of macroni soaked over night until it was composed of macroni soaked over night until it was composed of macroni soaked over night until it was composed of macroni soaked over night until it was composed of macroni soaked over night until it was composed of macroni soaked over night until it was composed of macroni soaked over night until it was composed of macroni soaked over night until it was composed of macroni soaked over night until it was composed of macroni soaked over night until it was composed of macroni soaked over night until it was composed of was unable to insafer the peas. She gently put them to the side of her plate and as comments were in order I took her to task for this. My own peas I cheeved valiantly.

"Took is the meas of the well cheeved before at can look the composition of the mit was composed of macroni soaked over night until it was completely soft the peas." asked the doctor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the state of the state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor state over the hard parts of our diet, and the declor

valuable for catarrhal colds in children, be-



times painful symptoms.

Those dreadful hot flashes, sending The outfit consists of White Enamel Iron Eed with brass trimmings, having full the biood surging to the heart until it seems ready to burst, and the faint feeling that follows, sometimes with chills, as if the heart were going to stop for good, are symptoms of a dan-

Five-hole Range, for hard coal or

263 Sixth Ave. (near 17th St.)

DRESSMAKING.

Prices, according to sizes !



THE CHANGE OF LIFE

Is the most important period in a wo-

man's existence. Owing to modern methods of living, not one woman in

a thousand approaches this perfectly natural change without experiencing

a train of very annoying and some-

gerous, nervous trouble. Those hot flashes are just so many calls from nature for help. The nerves are crying out for assistance. The cry should be heeded in time. Lydia E. Pinkham's Vegetable Compound was prepared to meet the needs of woman's system at this ystem at this trying period of her

life.
It builds up the weakened nervous system, and enables a woman to pass that grand change triumphantly.
"I was a very sick woman, caused by Change of Life. I suffered with hot flushes and fainting spells. I was afraid to go on the street, my head and back troubled me so. I was entirely cured by Lydia E. Pinkham's Vegetable Compound."—Hrs. Jennie "Correct Styles,"
by May Manton
(112 Silustrations).

brother of the chief legatee, says that "Apple Mary" had \$12,000 in various sayings banks in this city; that she was seventy-five years old in 1890 when she she had gone to live with Mrs. John O'Hare in Rome, N. Y. He learned from "Steve" Brodie, Haffner says, that "Apple Mary" was dead and that her The banks where the money is on de-posit have not seen or heard from he-in years. A memorandum attached to the will says she was born in 1833 and married in 1835. She had two daughters, but they were either drowned or burned July 31, 1852, when the steamer Henry Clay was burned opposite Forrest Point, below Yonkers.

the commanding officer at Fort Han-cock: Mrs. Richards, the sister of Mrs. Burton; Mrs. McIndoo, wife of Lieut.

Some weeks ago devastated that city.

Army Officers' Wives

Were on the Gen.

Meigs.

Army Officers' Wives

Were on the Gen.

Meigs.

Meigs left pier 3 East River just prior to the great storm which swept the bay yesterday afternoon.

Meigs left pier 3 East River just prior to the great storm which swept the bay yesterday afternoon.

She had on board several women.

Meigs was laid up at her dock among them the wife of Major Burton, all to-day making repairs.

CZAR BETTER, AT ST. PETER'S

Vist to the Ba-

Fainted Twice After a Rested Well and Shows Increase of Strength-His Temperature,

Bargain Friday at The Big Store.

Eyeglasses and Speciacles.

Remember, our Optical Department is in charge of an experienced graduate optician, and that it costs you nothing for consultation and advice. If you are in need of Glasses we will select the kind best adapted to your needs and could be made to the control of the sell them to you for much less money than you would have to pay at any exclusive optician's For Bargain Friday:

FRAMELESS EYEGLASSES, 14-KARAT SOLID GOLD SPRING, with gold filled patent triple strap, which prevents lenses from becoming loose; fitted with first quality periscopic lenses; sold elsewhere at \$4 a pair; our price for to-morrow only

ROMAN ALLOY SPECTACLES AND EYE-GLASSES—The Speciacles come in straight or riding bows, the Eyeglasses in aljustable or offset frames. Roman alloy looks like gold and wears quite as well. The regular price of the Specta-cles of Eyeglasses is 78c. a pair, but for Bargain Friday we have reduced the price to

Kitchen Cowelling.

Some of the kinds that are most needed, all greatly reduced in price for Bargain Friday HUCK TOWELS, size 17 x 34; reduced from 12%c. each, to HUCK TOWELS, size 18 x 36; reduced from 15c.

HUCK TOWELS, size 19 x 38; reduced from 16c. All these towels have bemmed ends. BLEACHED AND BROWN TOWELING reduced

from Sc. a yard to GLASS SILVER CRASH TOWELING, reduced BARNSLEY KITCHEN CRASH, reduced from A Special Sale of

Cigars.

MAIL ORDERS FILLED.

not to be had elsewhere at these prices :

PRIZE AMERICAN PERFECTOS, box of 50,

SUMATRA WRAPPER CONCHAS, box of 50.

GENUINE SC. SECONDS, box of 50.

15,000 SEED CIGARS, box of 50,

LUCKE'S ROLLED CIGAR, box of 50,

GEO. W. CHILDS, box of 50,

held in this country.

SHARP CARBINES

JOSLYN CARBINES.

SMITH CARBINES,

CAVALRY SWORDS, each, 1.50

of fine, stylish, becoming millinery:

rrow at, each,

269 cases of PRENCH FELT HATS, in the most

desirable shapes and colors; the kinds that are regu-larly sold at from 95c. to \$1.50 apiece; your choice

300 dozen new BLACK SILK VELVET HATS in popular, rapid selling shapes that are regularly disposed of at \$2.00 each; your choice to-mostow for

In the Millinery Dop't.

Here's further proof of our ability to under-

Il our rivals when it comes to the furnishing

want has been sold.

A few exceptional values for Bargain Friday,

A Few Forcible Facts in Philosophy.

Two things invariably attract attention-crowds and low prices. The first proposition always results from the last-and that accounts for the great and ever-increasing stream of humanity constantly pouring in and out of our doors. Small profits from the many, not large profits from the few-that's our policy. Old customers know thiselse there wouldn't be any "old customers"—and new and prospective ones are cordially invited to put us to the test. We "have been weighed in the balance and not found wanting"—wanting nothing save the opportunity of proving to you that the best and cheapest is and cheapest is the single and double breasted styles, stylishly call the single and double breasted styles, stylishly call the single and double breasted styles, stylishly call the single and ined with fine farmer's save the opportunity of proving to you that the best and cheapest is save the opportunity of proving to you that the best and cheapest is always obtainable at

The Big Store's Wookly Bargain Friday Sale.

Seasonable and Stylish Dross Goods.

You always expect something "out of the ordinary " from us on Bargain Friday, and we never disappoint you. Here are some price-reductions that ought to crowd the Dress Goods Department:

2,000 yards of WAIST AND DRESS FABRICS. with embroidered borders, in a variety of hand-some shades; specially reduced for Pargain Friday to, per yard,

35 pieces of ALL-WOOL CLOTH for women's garments, in plain and mixed colors, suitable for waists and dreuses; specially reduced for Bargain Priday to, per yard, 7 % 65 pieces of HENRIETTA, all wool, 45 inches wide, jet tlack, very fine twill, specially reduced 12 % for Bargain Friday to, per yard,

overstocked in consequence and are seeking an outlook for their goods at any price in

reason. As a consequence we bought these

fine capes at a price which makes them a

you, as they are valued, according to cost of production, at from \$8.75 to \$16.50 each.

Boys' Winter Caps, 250 Worth from 50c. to \$1.00,

We have on land from last cesson about 120 dozen WINTER CAPS for Boyo-high grade polo and double

band golf atyles, made of fine chinchillas, kerseys and

plushes. These we shall clear out te-morrow at just 25c.

apiece, although they rold readily last season at from 50c.

to \$1.00 apiece. It's your chance, boys! The caps are

all right and just as stylish as those of this season, and

CUBAN MACHETES, each, 1.50 and 75

Cuttery.

3-PIECE CARVING SET—Knife, fork and steel, with celluloid or stag handles, and fancy styring ferrules; worth \$5 a set; reduced for Bargain Fri-

STEEL KNIVES AND FORKS—Set of 12 pieces, with riveted handles; here for Bargain Priday at STEEL KNIVES AND FORKS, double bolstered riveted handles, set of 12 pieces, on eale for Bargain Friday special at

they only cost half and quarter as much.

Our Second Sale of

Rifles, Carbines, Cavalry Swords, &c.,

This is the last lot of guns, carbines, cavalry swords, etc., that the U. S. Govt. arsenal at

BALLARD CARBINES,

BURNSIDE CARBINES.

MERRILL CARBINES,

Governor's Island (N. Y.) contained, and the last lot it may have for many a year. So when

Fully one-third of these weapons saw active service on the battle-fields of the North and South. The remaining two-thirds are brand new, and were delivered to us in the original cases in which they were received by the Government. For decorative purposes, nothing could be more desirable than these interesting and valuable war relics. For hunting, shooting or home

defense, the guns will answer quite as well as many of the more modern and costly weapons.

etc., etc., etc.

Also some Remington Rifles captured from the Spaniards in the Spanish-American war of 1898.

We have also secured a large quantity of brushes and screw-

If you order by mail be sure to mention your "second choice" in case the gun or carbine

drivers for these old carbines, which we are selling at, each,

The Government paid \$20, \$25 and \$30 for these old war dogs. We bought

In the present collection are these well-known makes of guns and carbines:
SPRINGFIELD CARBINES, STARR CARBINES.

these are gone we won't be able to buy any more, and neither will you.

hem at a price that enables us to sell them at the unheard-of price of

1700 Women's Solf Capes.

Regularly Worth from \$8.75 to \$16.50, To-Morrow

at \$4.90 and \$7.50.

Silk Romnants at Half Prices.

Black and Colored

From the large and fine collection of Black and Colored Silk Remnants, in plain and fancy weaves, which we shall put on sale to-morrow, you will be able to secure the materials for handsome waists, skirts and even whole dresses for just half what you would have to pay if you bought the goods cut from the whole pieces.

In addition to the above Remnant Sale of Silks, we also offer for Bargain Friday a new shipment of that

Isn't this a bargain worth waiting for---worth

coming a long ways for?

Handsome quality yard-wide BLACK TAFFETA, that created such a flurry in silk selling a week 79c ago, at the same price, per yard,

Sood Candies

Actual value, per yard, \$1.00.

At About Hall Price. Purity, quality and freshness guaranteed. Nothing changed but the price.

VANILLA MARSHMAL STARLIGHT KISSES, LOWS, per lb., 15 pm lb. 13 As everybody knows, cold weather garments sell slowly in mild, open weather. FIG BON BONS, per lb., 14 GENESEE SQUARES, BROKEN CANDY, per lb., lb., per lb., The average person doesn't even think of AMERICAN MIXED
CANDY, per lb.,

10

LEMON COCOANUT,

DEANUT SENTENCE TO SILVER PLEACHED LINEN NAPKINS, reduced from \$1.75 a dozen to

VASSAR FUDGE, lb.,

13

GUM DROPS, per lb.,

7

400 dozen SILVER PLEACHED LINEN NAP
KINS, reduced from \$1.75 a dozen to

VASSAR FUDGE, lb.,

13

2-yard LINEN TABLE CLOTHS, reduced from

\$1.39 each to buying them until cold weather actually sets in. Manufacturers all over the country are

Winter Clothing. A few splendid chances for the man or boy

Mon's and Boys'

who has delayed his purchase till "the eleventh hour." Just note the great reductions in prices and the saving it means to those who are in a position to buy now:

MEN'S WINTER OVERCOATS, of a splendid grade of covert cloth, in new shades of tan and gray mixed, fine quality double-faced cloths, well tailored and of an excellent fit, finished with silk velvet top collars and all the other extras; regularly at \$10.00; reduced for Bargain Friday to An Odd Lot of BOYS' 2-GARMENT SUITS, in nobby mixtures as well as plain blue, with double knees and swats, made on the "iron strength" plan; ages 7 to 15 vears; of full \$3.00 value; re-duced for Bargain Priday to

WINTER REEFERS FOR SMALL BOYS. made of stylish gray mixed meltons, in the Jack Tar and seifor cellar styles; some fitted with velver collars; others bound with mohair braid; all warmly lined; ages 3 to 9 years; regularly soid at \$2.50; reduced specially for Bargain Friday to

WARM WINTER REEFERS FOR LARGER BOYS, made of strong frieze winter coatings, in the popular gray shade, with large sterm col-lars and warm plaid linings; ages 7 to 16 years; fully worth \$3.50; specially reduced for Bargain Friday to

LAST CALL ON OUR BOYS' AUTUMN OVER-COATS! All our former Covert Overcoats for boys 6 to 19 years old, and the kinds that we have sold readily throughout the season at from \$4.00 to \$6.00, will be placed on sale to-morrow at the greatly reduced price of, each,

Gable Linens.

For Bargain Friday, and in anticipation of your probable needs for Thanksgiving Day, we have made a few special selections from our big stock of fine linens, and now offer them at greatly reduced prices --- at prices you can't resist if you have need of the goods.

400 dozen LINEN NAPKINS, reduced from 50c. a dozen to 400 dozen LINEN NAPKINS, of a larger size, re-400 dozen ALL LINEN NAPKINS, dinner size,

LEMOR COCOANUT,
12 PEANUT SNAPPER,
per lb.,
15 SALTED PEANUTS,
PEG WAFERS, per lb.,
16 VASSAR FUDGE, lb.,
17 PEANUT SNAPPER,
per lb.,
18 SALTED PEANUTS,
per lb.,
19 SALTED PEANUTS,
per lb.,
19 ST. 39 each to
2-yard LINEN TABLE CLOTHS, reduced from
2-yard LINEN TABLE CLOTHS, reduced from
31.99 each to
31.99 each to



The Furniture Department's Bargain Friday contribution consists of

An Artistically

(like the accompanying illustration), in Golden Oak, Mahogany finish and Flemish Oak; well made and finished, with seats upholstered in new designs of figured tapestry. \$3.00; Bargain Friday's Special 1.25 of figured tapestry. Actual value

A few special selections for Bargain Friday quoted with a view to showing the public the great difference between OUR prices and those of the publisher and the saving that is to be ef-

HISTORY OF THE NEW TESTAMENT, by Jesephine Pollard; profusely illustrated; published at \$1.50, special price,

THE STORY OF THE UNITED STATES NAVY, THE STORY with 100 illustrations reproduced from water-color sketches, by Commander J. D. Jerrold Kelly, U. S. N.; published at \$2.50, special at

LIVING PICTURES OF THE ANIMAL KING-DOM. Being a Series of Instantaneous Photo-graphs taken of the most magnificent specimens in Zeological Gardens, by Dr. L. Heck, Director of Zeo at Berlin; published at \$2.50, special price, ENCYCLOPAEDIA OF COMEDY, for professional entertainers, social clubs, comedians, lodges and all who are in search of humorous literature, by J. Melville Jansen; published at \$2.50: special

DR. CHASE'S RECIPES, or INFORMATION FOR EVERYBODY; illustrated edition, revised and enlarged for 1990; published at \$7.00; special price,

Designed Stool

POPULAR EDITION OF THE WORKS OF SIR WALTER SCOTT, complete in 12 volumes; bound in cloth; published at \$6.50; special price

WORKS OF MARY J. HOLMES, S volumes, ound in red cloth with gold decorations; published

PHILLIPS BROOKS'S YEAR BOOK, bound in

Sood Chings to Eat and

FISH Fancy Chicken Halibut Steaks, per ib., Long Branch Weakfish or Live Cod, per It., TURKEY—Fancy Young Pennsylvania Corn-Fed Spring Turkeys, per lb., FRESH SHOULDERS OF PORK, per ib. MEAT - Prime Rib Roast Beef (choice cuts), per lb., 10, 14 and 12 ORANGES-Fancy Sweet Florida Oranges, per

LEMONS Choice Messina Lemons, per dor., VEGETABLES—Choice fresh Plerida White Wax Bears and Green Peas, special, 3 qts., COFFEE Fancy Golden Santos, dry roasted,

HAM Mild sugar-cured boiled Ham or Corned Beef, sliced, per lb., SCRAPPLE New Philadelphia Scrapple, per Ib., OATS Victor Oats, 2-pound package,

PIGS Special direct importation fancy Four Crown Smyrna Figs, lb., TEA: Your choice of our Green, Black or Blended

ASPARAGUS: Fancy California Asparagus Tips,

OLIVES: "Kenwood" Queen Olives, large bot., PRUNES: 5 lbs. Meaty Santa Clara Fruit, NUTS: Fancy New Mixed Nuts, per lb., RAISINS: "Hazel" trand fancy Seeded Raisins, thoroughly cleaned, 1-ib. pkge.,

Wines and Liquors.

PEPPER WHISKEY, per bot., Konfusel Malt Whiskey, per bot., Maryland Rye Whiskey, per gal., Monongahela Rye Whiskey, per

Monogram Rye, per gal., Old Cabinet, per gal., California Port and Sherry, per gal., California Claret, per gal., 85c. and

Books.

fected by buying books here: furnished by the U. S. Government to the Federal Troops during the Civil War (1861-1865), is SHAKESPEARE, complete in one volume; pubquite as successful as the first, and the first sale was the most remarkable sale of Guns ever

> RIVERSIDE EDITION OF THE POEMS OF ALICE AND PHOEBE CARY; published at \$1.50

at \$4.50, special price,

white vellum, daintily decorated; published at 75c., special price,

PERSONAL RECOLLECTIONS of Gra. Nelson A. Miles, embracing the Thrilling Story of his Famous Indian Campaign; profusely illustrated by Frederick Remington; published at \$3.50; spe-

Drink At Prices that Will Save You Money:

SAI MON Columbia River Salmon, "Merrimac"

Ters, exceptional cup quality, rich aroma, fra-grant flavor, 5 lbs. \$2.00, lb.

IAMS: Milford Assorted Jame, per tin,

USHER'S SCOTCH WHISKEY, imported in glass,

gal., Mount Vernen Rye Whiskey,